

## **Kilbarchan Residential Treatment Center**

Since 1918, YCS has been helping to heal the hearts and change the lives of New Jersey's most vulnerable children. YCS has become the largest provider of behavioral health, educational and social services for children in the State. The mission of YCS is to partner with at-risk and special needs children and young adults to build a happy, healthy, more hopeful life within families and communities. YCS maintains nearly 70 programs, including group homes and foster care, special education schools and community outreach.

YCS is the largest provider of residential programs for children in New Jersey, providing a safe haven for children who, through no fault of their own, cannot live at home. For most of these children, YCS is the first place they have ever known where they have truly felt safe and loved – the first time they know they will get a good night's sleep, in a warm bed, knowing that there will be a meal for them in the morning and clean clothes to wear to school. One such program is the YCS Kilbarchan Residential Treatment Center, located in Paterson, is home to 32 children ages 13-18. From the day of admission, the YCS staff of therapists, social workers, psychiatrists, nurses and other child care professionals begin to treat each child.

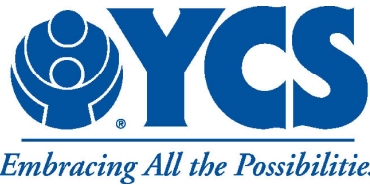
At Kilbarchan, the children are provided with intensive personal attention in a structured environment that helps them to develop the confidence, communication and coping skills necessary to become productive members of society. The children we serve struggle to come to terms with their deep emotional distress and develop new skills and attitudes. It is gratifying to see children with low notions of self-worth as they are nurtured and given a sense of value. These are not easy things to teach to any young teenager, much less those who have suffered as much as these young people have.

YCS takes care to teach the necessary life skills to prepare them for independent living, since these children do not have families who can guide them through the world. Toward this end, YCS has initiated a pilot program at Kilbarchan that incorporates activities that "regular" kids have to do every day, like household chores and homework, and things they don't, like attend therapy sessions. Each activity earns the child points that can be "banked" until the child has saved enough points to earn a reward. Rewards can be purchased items from the Kilbarchan Store and range from video games to sports equipment to ipods and gift cards.

By giving these young people an opportunity to learn budgeting and savings and helping them to learn how to behave in a more independent living situation -- both in terms of social mores and household maintenance – we are giving them the ability to create a new and positive reality for themselves, YCS is helping to break the chain of abuse and despair – allowing the children of YCS to grow up and have a happy, healthy, hopeful life with families of their own.

While YCS provides the care, you can provide the critical support to ensure that we can help those children who need us. Please reach into your hearts and reach out to YCS. A list of items needed for the Kilbarchan Store is attached. Thank you for your help.

YCS Foundation  
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## **Kilbarchan Residential Treatment Center**

### **Behavioral Model Reward Program**

#### Items Needed

Store Gift Cards  
MP3 Players  
Footballs  
Basketballs  
T-shirts  
Decks of Cards  
Watches  
Hand held Video Games  
CD Players  
Headphones  
YCS wristbands  
Stressballs  
Playdoh  
Age-Appropriate Coloring Books  
Nerf Basketball Hoops  
Video Games for Wii, PSP and Playstation 3  
Board Games      Monopoly  
                          Trouble  
                          Scrabble  
                          Uno  
                          Connect Four  
                          Life  
                          Operation  
                          Clue  
                          Bingo  
                          Jeopardy