

# THE NEWSLETTER

## NCJW BERGEN COUNTY SECTION

### DECEMBER 2016—JANUARY 2017

#### **Tuesday December 13 OPEN BOARD MEETING**

**You're Invited:** All members of Bergen County Section are invited to attend our Open Board Meeting in the Youth Lounge at Temple Emeth at 9:15 am. Watch the board as they go about the business of bringing advocacy, education, and community service to Bergen County and beyond. A special highlight in honor of the season will be our own member Nancy Ferer, who will lead a discussion on "Women in Judaism: Can They Be Feminists?" Of course, our morning will include Hanukkah refreshments.

#### **Thursday, December 22 HANUKKAH PARTY AT ROCKLEIGH**

NCJW's Annual Party at the Jewish Home at Rockleigh will be held at noon on December 22. A holiday luncheon including potato latkes will be served, and our own members will provide entertainment. We will also give a gift to each attendee. Please sign up and give us a few hours to help serve, enjoy the entertainment, and partake in the fun to help make this a special event for ALL. To volunteer, contact Roberta Lew at 201-836-4695 or RMLew@aol.com.

#### **Tuesday, January 17 SNACK PACKS FOR CENTER FOR FOOD ACTION**

We are going to make the weekends happier for some kids! Join us at our January 17, 2017, general meeting, when we will prepare 500 child-friendly healthy snack bags to be distributed by the Center for Food Action to kids in 8 local elementary schools. The contents of the packs are shown here. Many children who receive free or reduced-price school meals are hungry on weekends. Teachers discreetly place the packs into the students' backpacks when they are out of the classrooms. The Weekend Snack Packs are part of an effort to reduce childhood hunger in our neighborhoods. Temple Emeth, 12:30 pm. Guests welcome, no charge.



#### **Tuesday January 24 STUDY GROUP: MINDFULNESS--HELP IN OUR DAILY LIVES**

Ever feel overwhelmed and stressed? Need help in coping with personal situations? **Beth Sandweiss**



should help us deal with the challenges we all encounter. She has been a mental health worker for over 25 years and maintains a private therapy practice in Montclair, where she uses Mindfulness-based interventions to treat families, adults, and teens. She is the director of Mindfulness Programs at Jewish Family Services of Metrowest NJ. Beth will show us the power of mindfulness to enhance our lives. She will also give us techniques for our personal use. Join us on Tuesday, January 24, 2017, at 1 pm at the Riverside Mall Conference Center. Refreshments will be served. \$5 for members, \$10 for nonmembers.

For further information, contact Marilynn Friedman at 201- 568-0145 or [marisfried@aol.com](mailto:marisfried@aol.com).

### SEPTEMBER 2016 VOLUNTEER OF THE MONTH: EVELYN MASHEB

Evelyn Masheb was a retired early childhood teacher, reading specialist, and staff developer looking for a way to keep busy after retirement. She found NCJW BCS, and the rest is history. Evelyn volunteers at the Children's Court Care Center and at the Holley Center, and handles countless mailings of NCJW publications at her home with a cadre of volunteers. She also helps out at HIPPY. Evelyn has a daughter and a son and four grandchildren. We are delighted to recognize Evelyn Masheb's numerous and enthusiastic contributions to bettering the lives of children.



### OCTOBER 2016 VOLUNTEER OF THE MONTH: AVA SILVERSTEIN

For the past six years, Ava has worked as physical therapist at the Multiple Sclerosis Swim-In program run jointly by NCJW and the MS Society. The program could not function without her. Ava earned a degree in occupational therapy and then an MA in physical therapy. She first volunteered at NCJW's After Breast Cancer Surgery program and continued at MS Swim-In. She has also worked with Jewish Federation of Northern NJ and the Melanoma Research Foundation (her husband is president). She is currently studying at an Ulpan to learn conversational Hebrew.

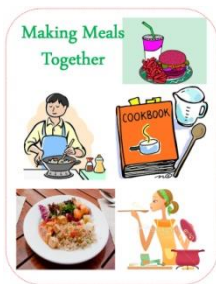


### HOLIDAY GIFT GIVING

At holiday time, Bergen County Section collects small gifts and gift cards for the children and families served by our community services and coalition partners. The gifts can range from Target gift cards (\$10 each for the children of Holley and Kilbarchan) to toys and clothing. HIPPY requests unwrapped gifts for preschoolers. Bring your gifts to our Open Board meeting, December 13, or to a friend on the board. For more information, contact Henrietta Wolfeiler, [b.wolfeiler3@verizon.net](mailto:b.wolfeiler3@verizon.net) or 201-996-0932, or Evalyn Brownstein, [teaneckeab@gmail.com](mailto:teaneckeab@gmail.com) or 201-836-9444.

### MAKING MEALS TOGETHER: A Coordinated project with NCJW, The Center for Hope and Safety, and The Center for Food Action

There's a reason why Jewish events center around the kitchen. It's a warm, nourishing place. At the first of the Making Meals Together programs, section members Ina Miller-Silverstein, Henrietta Wolfeiler, Phyllis Grossman-Kaplan, and Ruth Seitelman joined staff and residents on Thursday, October 27, at the Halloween-themed dinner. NCJW member Sabina Sicklick provided the aprons. The menu was based on food provided in part by The Center for Food Action. Children made the table decorations and baked cupcakes while their mothers and NCJW volunteers prepared and served the meal. Together they cooked and dined with eleven residents and twelve children (who even ate their green beans). The next Making Meals Together dinner will be in January. To volunteer, contact Ruth Seitelman at 201-836-2916 or [ruth.seitelman@gmail.com](mailto:ruth.seitelman@gmail.com), or Henrietta Wolfeiler at 201-996-0932 or [b.wolfeiler3@verizon.net](mailto:b.wolfeiler3@verizon.net).



**SAVE THE DATE FOR OUR LUNCH & LEARN SPECIAL STUDY GROUP: TUESDAY, MARCH 28, 2017  
DETAILS IN THE MARCH-APRIL BULLETIN**

### **COUNCIL THRIFT SHOP: A WINTER WONDERLAND**

Help us prepare for the cold, snowy winter ahead by donating your no-longer-needed furs, especially vintage ones, in good condition. Help someone else feel like a million bucks! Our customers also want robes, flannel pajamas, winter-weight clothing and hats, scarves and gloves/mittens to keep them cozy and warm. Check your drawers and closets for those designer labels you no longer wear to help us bring in more dollars to support our Section's community services and scholarships. Costume jewelry and handbags as well as household articles and accessories are always needed. Remember to think about bringing new gift items for the holiday season. Unlike Seinfeld, we do not frown on regifting!! As we celebrate the holidays this year, let us be proud of our Bergen County Section's support of those less fortunate. We can't do it without you.

**Karen Kurland, Thrift Shop VP**

### **NCJW HAS ANGELS!!**

You've all been invited to "Stay-At-Home" and send a generous contribution to NCJW Bergen County Section. And we know you will be as generous as possible so that we can continue to support our community services and advocacy programs. But did you also know that we have nine wonderful Angels who very generously have offered to match any of your donations to the Stay-at-Home campaign which are greater than they were last year. For example, if you donated \$250 last year and have decided to up it to \$300 this year, one of our Angels will match that \$50 increase, thus making your donation worth \$350! Our Angels are Fran Butensky, Elizabeth Halverstam, Linda Horowitz, Ellen Jacobs, Peggy Kabakow, Susan Laskin, Ann Levenstein, Ina Miller-Silverstein, and Henrietta Wolfeiler. We look forward to you, our devoted and dedicated members, to make this year's Stay-at-Home campaign the best ever! ***Thank you to those who have already contributed: their names appear on the enclosed flyer.***

### **HIPPY ENRICHMENT PRESENTATION**

On October 26, 2016, at the monthly parent workshop, NCJW BCS presidium member Marcia Levy presented a check for \$5,000 to Rachele Albanese, HIPPY Director at Bergen Family Center, from the Dr.



David Goldberg Fund. The money will let HIPPY families enjoy a day at the Liberty Science Center with "hands-on" activities as little scientists. The Goldberg fund is dedicated to providing enrichment activities for the Home Instruction for Parents of Preschool Youngsters (HIPPY) program and is administered by National Council of Jewish Women Bergen County Section.

### **\$\$\$ from AmazonSmile**

NCJW BCS receives a donation from Amazon every time you make a purchase. Use this link, so all your shopping will benefit us: <https://SMILE.AMAZON.com/ch/22-2464427>

**JANUARY IS HUMAN TRAFFICKING MONTH AND  
JANUARY 11 IS HUMAN TRAFFICKING DAY.**

**Deadline for the March-April Bulletin: February 1, 2017.**

## FROM THE PRESIDIUM

With the new year upon us, the Presidium offers its social justice wish list for 2017:

- World-wide peace
- Women's parity
- Economic security for everyone
- An end to political polarity
- Pragmatic solutions to climate change
- A return to political civility
- Gender equality
- Stricter laws to reduce gun violence
- Comprehensive immigration reform
- Access to affordable health care for all
- Country-wide support for reproductive justice

We once again look forward to waking up each day with the feeling that everything we wish for in our democratic society is possible.

**Bea, Elaine, Fran, Marcia**

## PASSAGES

**We mourn the loss** of life members Mary Hauptman and Ruth Thal and member Shirley Solan.

**Condolences** to Janice Lipsitz on the death of husband Larry, to Debbie Rutz on the death of her father-in-law and to Sydell Yegelwel on the death of husband Sy. **Congratulations** to Ina and Michael Silverstein on the bat mitzvah of granddaughter Carly, to Ellen Dounn on the marriage of her son, to Norma Goldsmith on the engagement of her daughter, to Fran Butensky on the bar mitzvah of grandson Ian, to Joan Snider on the birth of granddaughter Simone, to Loretta Weinberg on the bat mitzvah of granddaughter Shayna, to Micki Grunstein on the b'not mitzvah of granddaughters Aerin and Emma.

## NEW MEMBERS

We welcome Muriel Breikopf, Joan Cooper, Laurie Friedman, Lewis Friedman, Carol Josephs, Esther Kantrowitz, Joyce Kirshner, Rhea Levy, Joyce Lustbader, Barbara Markowitz, Sushma Nangia, Rosa Nitzan, Rachel Rapaport, Kelly Rizza, Debbie Rutz, Miriam Schulman, Vicki Sidrow, Judy Toker.

## TRIBUTES

### GOLD TRIBUTE CARDS

**Roxanne Reff, Presidium**

To the family of Zita Foster  
In her memory

**Evalyn & Irwin Brownstein**

To Sybil Grace  
Best wishes on milestone  
Birthday

**Lucy Doree**

To Margaret Strauch  
Congratulations on 90<sup>th</sup> birthday

**Mildred & Seymour Graye, Lucy Doree**

To Ruth Eigenfeld  
Happy 90<sup>th</sup> birthday

### SILVER TRIBUTE CARDS

**Inez Swartz, Ann Levenstein,**

**Addie Rudin, Barbara Tilliss &**

**Edie Kaplan**

To the family of Zita Foster  
In her memory

**Roslyn Berlin**

To Rachel & Rob Gonzalez  
on the birth of baby Shoshanna

**Fran Butensky, Teddy Weinman**

To Geri Kaufman  
Speedy recovery

**THANK YOU TO GAIL SUGARMAN WHO  
REMEMBERED ZITA FOSTER WITH A  
VERY GENEROUS DONATION TO NCJW.**



## OUR NOVEMBER 9 LGBT FORUM



**L-R:** Jennifer Johnson, Center for Food Action; Elaine Meyerson, Co-Chair; State Senator Loretta Weinberg, Moderator; Bari-Lynne Schwartz, Co-Chair; Bea Podorefsky, Presidium, Paula Tenebruso, Bergen Family Center.

**Below,** Our distinguished panelists: State Senate Majority Leader Loretta Weinberg, Moderator (seated); L-R: Hetty Rosenstein, Area Director for New Jersey, Communications Workers of America; Assemblyman Tim Eustace, District 38; Jane Clementi, mother of Tyler and Founder of the Tyler Clementi Foundation; Steven Goldstein, Keynote Speaker, Executive Director of the Anne Frank Center for Mutual Respect.



Surrounded by an engaged audience, Diane Schwarz, a PFLAG of Bergen County Mom, asks a question of the panel.



NCJW BCS Advocacy/Education Team for the Forum, L-R: Elaine Meyerson, Co-chair; Marilyn Friedman, VP Advocacy; Bea Podorefsky, Presidium; Jane Abraham, VP Advocacy; Bari-Lynne Schwartz, Co-Chair.

## OUR GENEROUS STAY-AT-HOME DONORS

(as of 10-31-16)

### **\$2,000 or more**

Fran Butensky  
Ellen Jacobs  
Peggy Kabakow  
Ruth Kornheiser  
Susan Laskin  
Ann Levenstein  
Joan Robins  
Henrietta & Bernie  
Wolfeiler

### **\$1,000 - \$1,999**

Celia Argintar  
Helen Astmann  
Roz & Alan Bloom  
Fran Einiger  
Norma Goldsmith  
Elizabeth  
Halverstam  
Linda Horowitz  
Maggie Kaplen  
Ellie Lubin  
Ina Miller-  
Silverstein

### **\$500 - \$749**

Pearl Ann Marco  
Doris Sarokin  
Tobey Weiss  
Emily Wilkins

### **\$250 - \$499**

Philip Ball  
Linda Chalfin  
Helen F. Kaplan  
Felicia Leibman  
Aida Melamed  
Bari Lynne  
Schwartz  
Selma Sloane  
Shirley Sosland  
Loretta Weinberg

### **\$100 - \$249**

Fran Altchuler  
Thelma Bialer  
Irma Ball  
Deanne Bernstein  
Barbara Brill

Elinor Buchbinder  
Paula Dillon  
Nancy Eichenbaum  
Hilary Eth  
Sandy Feinberg  
Lorraine Fisch  
Marilyn Frank  
Arlene Friedman  
Dottie Glantz  
Sylvia Greenstein  
Adrienne Halpern  
Rita Halpern  
Ellen Harrison  
Lori Hartman  
Sophie Heymann  
Eva Holzer  
Esther Honis  
Jennifer Horowitz  
Mitzi Inwood  
Joyce Jacobs  
Marietta Kalin  
Alice Kanrich  
Susan Kanrich  
Geri Kaufman  
Sheri Kitrosser  
Ruth Korn  
Barbara Kosoff  
Sharon Kozinn  
Fran Levine  
Edna Lewitz  
Susan Liebeskind  
Marilyn Linder  
Sandy Loft  
Geraldine Lurie  
Betty Ann Marcus  
Carol Marcus  
Elaine Meyerson  
Kate Mowlem  
Judy Neidenberg  
Joan Nobler  
Ellen Pell  
Sylvia Pollack  
Ellen Ptalis  
Susan Rabkin  
Evelyn Reiser  
Carole Rothstein  
Sandra Schomer  
Harriet Schor  
Ellen Sklar  
Elizabeth Warms  
Lillika Weinberger

Corinne Weiner  
Geri Weiss  
Shelly Winner  
Deborah Zeigler

### **Up to \$99**

Ethel Atlas Abrams  
Nan Badian  
Susan Barnett  
Cynthia Bernstein  
Phyllis Betancourt  
Hermine  
Bindelglass  
Naomi Blumenfeld  
Madelon Bornstein  
Linda Coll  
Gwen Dubno  
Nancy Dweck  
Claire Ehrenfeld  
Charlotte Eth  
Shirley Finkelstein  
Barbara Fishman  
Wilma Geyer  
Sybil Grace  
Rita Graham  
Susan Hagoel  
Lori Harris  
Stephanie Kwait  
Natalie Landau  
Irma Landsberger  
Tammy Lane  
Marianne Lawton  
Susan Leaf  
Leonora Lesser  
Helen B. Levine  
Judith Liebman  
Priscilla Lindenauer  
Janice Lipsitz  
Fran Lipton  
Roslyn Lynn  
Charlotte Magid  
Paula Mate  
Babette Mayer  
Edith Messer  
Florence Meyer  
Ellen Miller  
Sylvia Model  
Norma Moglen  
Joan Ornstein  
Harriet Ostrower  
Barbara Rosenfeld

Andrea Salsberg  
Eva Sandrof  
Joan Schnuer  
Harriet Serchuk  
Carla Silver  
Ronnie Silver  
Barbara Simon  
Bernice Slotnick  
Kathy Smith  
Eileen Steinverzel  
Margot Stern  
Joan Teichman  
Diana Teitel  
Judith Warshofsky  
Ilene Wechter  
Debra Wolf  
Judith Yablonka  
Barbara Zucker  
Arlene Zweifler