

THE NEWSLETTER

January—February 2019



THE JANUARY SNACK PACK CHALLENGE

Snack packs are one of the Center for Food Action's answers to child hunger. The packs contain individual servings of fruit, cereal and other wholesome, appealing foods.

They are distributed to young school children on Friday afternoons to provide nutrition on weekends.

Bergen County Section has committed to filling 1500 snack packs at our **GENERAL MEETING ON Tuesday, January 15 at 12:30 at Temple Emeth**. Last year we completed 1000 packs in record time (while socializing at the same time)! All hands are welcome, so bring your neighbors, friends and family to help!! What a great way to chase away those winter blues. There is no charge. For further information, call or email Marcia Levy at 201-894-8379 or mlevy0648@gmail.com.



MESSAGE FROM OUR CO-PRESIDENTS

We blinked and it's January. Where has the time gone? We took a step back and were amazed and proud of what we have accom-

plished. Here are just a few:

Get Out The Vote: Our advocacy team worked tirelessly to get out the vote at the mid-term elections, registering voters and handing out Vote by Mail applications at many Bergen County venues.

Working with Our Communities: Our volunteers donate their time at Bergen Family Center, Youth Consultation Center, Center for Hope and Safety, the Jewish Home at Rockleigh, Children's Court Care, the Court Waiting Room, and the Adler Aphasia Center. You can find them feeding the homeless at the Family Promise Walk-In Center, knitting caps for babies and giving blankets to children who have left their homes in order to be safe from their abuser. Our volunteers assist with Swim-In activities with MS patients, do data entry for Bergen Volunteer Medical Initiative, and work with women at the Women's Rights Information Center. We raise funds to send children to camp and give scholarships to graduating high school seniors. At holiday time we give gifts to the children served

by the programs we support. This year we awarded one-time grants to three of the agencies with whom we work. This was a rewarding project that we hope to replicate over time.

Changing Things Up: This year our study groups got a face lift. We moved to a new location, the Senior Center at Riverside Square Mall to everyone's delight. We also changed the name to Timely Topics and Tasty Treats.

Now More than Ever: All of our programs and activities are funded through our Thrift Shop and Stay-at-Home personal giving initiatives. This year's theme is "Run With Us." Last year the political climate led us to speculate there would be lots of belt tightening, that the services we support would need us more than ever. That has not changed. Now is the time to dig a little deeper.

Looking Forward: It's been a big team effort with lots of work from our volunteers and you. Together we've had an awesome six months. So come and "Run With Us." Help continue our support, no, actually be part of the team that surpasses our previous support, enabling NCJW BCS to do more for the women and children and families in Bergen County.

We wish you all a happy and healthy new year.

Elizabeth, Jane and Ruth

SPECIAL COUNCIL SHABBAT March 22, 2019, Temple Emeth

Everyone is invited to join us for a special Shabbat evening. We will enjoy a festive kosher Shabbat Dinner at 6:00 pm. Dinner will be served to each table family style. This will be followed at 8:00 pm by Temple Emeth's unique Shabbat musical service led by Rabbi Steven Sirbu and Cantor Ellen Tilem in the sanctuary. To reserve, please send check for \$30 per person, made payable to NCJW BCS, with your full name and contact information, to: NCJW BCS, 75 S. Washington Av., Bergenfield, NJ 07621.



GENERAL MEETING March 19, 2019 12:30 PM, Temple Emeth

How does a nice Jewish boy from Brooklyn become a NYPD Detective, find himself posted with the Israel National Police and become the lead investigator on the Torah Task Force? Mordecai Dzikansky is an expert on global security and is called upon by community organizations to provide first-hand analysis on pre-

venting and responding to terrorism. Mr. Dzikansky has worked with the New York City Police Department and the Israeli intelligence community. Join us at our March 19 General Meeting to hear his exciting story.

For further information contact Marilyn Sirulnick at sirulnickm@aol.com or 201-343-3321.

NCJW BERGEN COUNTY SECTION:

MAKING A DIFFERENCE IN BERGEN COUNTY

To celebrate our 95th Anniversary, NCJW Bergen County Section invited our community service partners to submit proposals that address the needs of children, young adults, women, older adults and families living in Bergen County. NCJW BCS is proud to announce the following funded services, listed in alphabetical order:

Bergen Volunteer Medical Initiative (BVMI) will expand medical services and hire a Women's Health Nurse Practitioner for 15 hours/week to work with the working poor. In 2019 the Women's Health Initiative Program will serve 90 new female patients, while serving at least 1,000 active female patients. The additional Nurse Practitioner will reduce the wait time for appointments from 5 weeks to 2 weeks.

Center for Hope and Safety (CHS) will hire a Career Counselor for 24 hours a week who will assist 60 women who have been affected by domestic violence. Since economic dependency is a main reason why many

abused women stay or return to a violent home, the counselor will provide the women with in-house career counseling, job readiness skill development and link them to local resources. Some funds will be available for English as a Second Language and job training classes as well as clothing and transportation costs.

Youth Consultation Service (YCS) will hire a full-time trained Art Therapist who will serve 150 traumatized and abused children at Kilbarchan and the Holley Center group homes. Art therapy is a very effective tool for treating children with complex trauma. It gives children a voice and a modality for self-expression, communication and healing.

When Amanda Missey, CEO of BVMI, was notified of the grant, she wrote "Thank you! We are THRILLED with this gift and so excited for what it means for our patients." NCJW BCS members' generous personal giving contributions throughout the years are making a difference in the lives of the children, women and families we help.

SEXUAL VIOLENCE: CHANGING THE CULTURE

Since NCJW BCS' highly-successful 2017 November Forum, **Sexual Violence: Changing the Culture**, we have continued the conversation. In January, NCJW BCS joined a coalition of 19 organizations and advocated successfully for the Safer Schools legislation, which protects children from sexual predators. NJ school districts are prohibited from hiring any person who has close contact with students and who has a history of child abuse and sexual misconduct. School districts are required to conduct a thorough review of a prospective applicant's prior 20 years of employment and to ask prior employers specific questions related to child abuse and sexual misconduct. Applicants are also required to provide a written statement disclosing any history of child abuse and sexual misconduct.

In June, NCJW BCS became a member of the Time Is Now Action (TINA) Coalition established by the YWCA Bergen County and Assemblywoman

Valerie Vainieri Huttel in response to #MeToo. Several Section members are participating on the Education Pre-K Through College TINA Working Group and researching programs that incorporate sexual abuse, assault awareness and prevention education beginning in the primary schools through high schools.

Recently NCJW BCS signed on to a letter initiated by NJ Coalition Against Sexual Assault asking the NJ Legislature to act for justice and pass S477/A3648 which would eliminate the civil statute of limitations for survivors of sexual assault. New Jersey's two-year civil statute of limitation is outdated and unjust. Research has shown that it is incredibly common, given the nature of the trauma, for survivors to delay reporting acts of sexual violence for years and even decades.

NCJW BCS will continue to advocate for age-appropriate prevention and awareness education and for support for survivors.

TIMELY TOPICS AND TASTY TREATS:

HUMANISM IN BUILDING Tuesday, January 29, 2:30 pm
Senior Source @ Riverside Square Mall

Brad Ruder, the founder of **Senior Source**, our exciting new meeting venue, will discuss the concept of Humanism in Building which reflects the role that physical environments play in our lives. Brad will explain the strong correlation between improving a physical structure and improving the lives of its occupants, including how modern home innovations affect multi-generations.

Brad Ruder is the president of Brad-Core, a design, construction, and property management company. He is a Purdue University graduate with a degree in construction engineering and management and has over 25 years' experience.

For parking at the Riverside Square Mall: go to Maggiano's restaurant and turn right by PF Chang's. Follow signs for Upper Level Parking and drive toward the "elevator" sign on Level 2. Entrance to the mall is BEHIND the elevator sign. Senior Source is the first store on the right.

Fee for NCJW members is \$5, \$10 for nonmembers. Please contact Ginny Wasserman at rubigin@aol.com for further information.

LUNCH AND LEARN TIMELY TOPICS AND TASTY TREATS

Tuesday, March 5, 12:30 pm. Temple Emeth
(Note change in venue and time for this Timely Topic ONLY.)
Delicious lunch, stimulating speaker and great company!

We are excited to present our very timely and inspiring speaker Sabeeha Rehman who will discuss "Being Muslim in America." Ms. Rehman migrated from Pakistan to the USA in 1971 after a hurriedly-arranged marriage to a Pakistani physician in New York. She says that raising her children Muslim in the absence of a Muslim community was a daunting challenge. She worked to establish a Muslim community on Staten Island, culminating in the building of a mosque.

Sabeeha holds a Masters degree in Healthcare Administration and has had a 25-year career as a hospital administrator. As the grandparent of an autistic grandson, she co-founded the National Autism Association of New York Metro and served as its president from 2008-2011. Sabeeha is a board member of the Muslim-Jewish Solidarity Committee. Her prize-winning memoir, "Thread-ing my Prayer Rug: One Woman's Journey from Pakistani Muslim to American Muslim," will be available to purchase at the lecture.

Please send lunch reservation check to: NCJW BCS, 75 South Washington Ave., Bergenfield, NJ 07621.

Fee for lunch: Members \$18 -- Nonmembers \$20

For further information, please contact Ginny Wasserman at rubigin@aol.com.

GOLD TRIBUTE CARDS

Carole & Gerry Benson

To Daniela Rabbie, Naomi Rabbie & Family
In memory of Harold Rabbie

Elizabeth Halverstam, Roxanne Reff,

Ina & Michael Silverstein

To Carole Benson
In memory of Brother, Harold

Susan Fisch Reibstein & Melanie Fisch Kook

To Kenny Sarfin & Arlene Graime
In memory of Flo Sarfin

SILVER TRIBUTE CARDS

Elaine Bieger, Alice Kanrich, Fran Butensky,

Peggy Kabakow, Elaine & Joe Pollack

To Carole Benson
In memory of Brother, Harold

Peggy Fine, Ann & Bob Levenstein

To Ruth Cowan & Family
In memory of Husband, Wally Cowan

Pearl Schwartz, Aida Melamed

To Gloria Singer
On the marriage of your Granddaughter

A Special Thank You

Eileen Matthews made a generous donation
in memory of Florence Sarfin

OUR STAY-AT-HOME "ANGELS"

HAVE ARRIVED AGAIN

We have been fortunate to have generous NCJW BCS members become "Angels" in support of our Stay-at-Home Personal Giving Campaign. In addition to their personal donations, they donate additional funds to be used as matching funds when you increase your contribution from last year, or are a first-time donor. For example, if you donated \$150 last year, and this year you donate \$200, the Angels' funds will be used as a match to double your increased gift!

Our nine special 2018-19 "Angels" are: Fran Butensky, Elizabeth Halverstam, Linda Horowitz, Ellen Jacobs, Peggy Kabakow, Gladys Laden, Susan Laskin, Ann Levenstein and Henrietta Wolfeiler.

Stay-at-Home is our most significant fundraiser of the year. It supports our efforts in the areas of advocacy, education and community services. Thanks to NCJW BCS, local families receive needed food, preschoolers gain educational skills, and victims of domestic violence are able to purchase items for their new home.

Please give generously. Thank you for caring.



FLORIDA LUNCHEON "UNDER CONSTRUCTION"

Plans are underway for our annual Florida Luncheon to be held in March. The chair, Grace Fuld, is working on the particulars so keep your eyes open for an email with all the information. Or contact Membership VP Ilene Wechter at ilene5656@gmail.com or 201-704-4362.

PASSAGES

We mourn the loss of Life Member **Wally Cowan** and Member **Lori Zimmerman**. Condolences to **Ruth Cowan** on the passing of her husband Wally. Condolences to **Ginny Wasserman** on the passing of her daughter Felicia.

CONGRATULATIONS TO

Phyllis Palley on the bar mitzvah of her grandson Zachary

Bea Podorefsky on the birth of her 9th great grandchild Isobel Kay

Sandy Fleisig on the birth of her great granddaughter Skylar

Elaine Pollack on the bar mitzvah of her grandson Noah

Ina Miller Silverstein on the engagement of her granddaughter Nicole

Nan Matlick on the marriage of her grandson Dr. Jake Gurland to Lauren Polun

Gloria Ansh on the bat mitzvah of her granddaughter Leah



DO YOU LOVE TO READ?

If you love "hanging out" with books at your library or book store, come join one of NCJW's book clubs. Enjoy invigorating discussions, fun, fellowship and brain exercise all at the same time. Call Lucy Dorée at 201-585-1244 for more information. Meanwhile, if you're looking for an excellent read, don't overlook "A Gentleman from Moscow" or "Citizens of London."

NCJW MEMBERS PROVIDE HOLIDAY GIFTS AND SMILES FOR KIDS

The generosity of the season was felt in the Section's annual HOLIDAY GIFT GIVING campaign. At holiday time, Bergen County Section collected gifts and gift cards for the children and families served by our community services and coalition partners. The gifts ranged from Target gift cards (\$10 each) to toys and clothing for the children of Holley, Kilbarchan, Bergen Family Center, Center for Hope and Safety and Jewish Family Services. In addition, in cooperation with Jewish Federation of Northern New Jersey, we took part in the 21st annual Mitzvah Day by gathering toothbrushes, floss and toothpaste for the kids of some of our community services.

A big thank you to all of our members who gave so generously.



WINTER BLUES?

If you have not been to NCJW's **Council Thrift Shop**, you do not know what you are missing! It is a spacious store, packed with women's, men's, and kids' clothing, jewelry, dishes, decorative pillows, purses, and household goods, just for starters. It is great fun to go on a treasure hunt to see what you can find for yourself or for friends.

Many NCJW BCS members already donate to our shop and we so appreciate your donations. All profits support NCJW programs, to the tune of \$5,000 a month! We need your ongoing donations to provide these funds to our section.

We also could use your help by staffing the shop for a two-hour shift on Monday through Friday. NCJW volunteers "man" the register and straighten stock as needed. It is great fun to meet and interact with our customers, many of whom return weekly, if not daily!! While many of our faithful volunteers have worked at the store for years, we always need new faces. Come experience the fun of retail and meet new people, all while providing an important community service.

If you cannot commit to a weekly time slot, perhaps you can be a floater on a periodic basis. Estelle Greene, our volunteer coordinator, would love to hear from you at 201-944-4788. We also need occasional help picking up donations. If you can lend a hand, please call Marcia Kopeloff at 201-265-2506. We cannot operate our successful shop without you!

COUNCIL THRIFT SHOP, 75 S. Washington Ave., Bergenfield.
Phone 201-385-3702 . (Parking in rear, enter from Bergen Street)



THANKS TO OUR GENEROUS STAY-AT-HOME DONORS 2018 – 2019

(as of 12-03-18)

\$2,000 OR MORE

Fran Butensky
Ellen & Michael Jacobs
Peggy Kabakow
Ruth Kornheiser
Susan Laskin
Ann Levenstein
Joan Robins
Henrietta & Bernie Wolfeiler

\$1,000 - \$1,999

Helen Astmann
Carole & Gerry Benson
Norma Goldsmith
Elizabeth Halverstam
Linda & Joe Horowitz
Maggie Kaplen
Gladys Laden
Ellie Lubin
Ina Miller-Silverstein

\$500 - \$749

Gloria Glattstein
Susan Kanrich
Helen F. Kaplan
Tobey Weiss
Emily Wilkins

\$250 - \$499

Jane Abraham
Teri Binder
Micki Grunstein
Jacqueline Kates
Rina Litwin
Aida Melamed
Elaine Meyerson
Joan Ornstein
Phyllis Palley
Peggy Schneider
Bari-Lynne Schwartz

Ava Silverstein
Selma Sloane
Shirley Sosland
Deanne Yalowitz

\$100 - \$249

Irma Ball
Sheila Barkow
Pearl Bergstein
Deanne Bernstein
Phyllis Betancourt
Phyllis Breit
Elinor Buchbinder
Harriet Cohen
Ruth Dinkes
Hilary Eth
Sandy Feinberg
Marilyn Frank
Arlene Friedman
Dorothy Glantz
Eileen Goff
Edith Goldmann
Susan Hagoel
Rita Halpern
Sophie Heymann
Marjorie Hirshberg
Eva Holzer
Joyce Ann Jacobs
Marietta Kalin
Alice Kanrich
Edie Kaplan
Robin Katz
Ruth Korn
Marianne Lawton
Felicia Leibman
Susan Liebeskind
Judith Liebman
Eva Liebmann
Marilyn Linder
Fran Lipton

Sandra Loft
Joan Losen
Elaine Manberg
Ruth Marcus
Nancy Mednick
Brenda Mester
Gladys Mittleman
Kate Mowlem
Judi Neidenberg
Sylvia Pollack
Ellen Ptalis
Susan Rabkin
Elizabeth Roditi
Joan Schnuer
Sandy Schomer
Harriet Schor
Thelma Silber
Ellen Sklar
Margot Stern
Esther Strobel
Roslyn Swire
Mary Ann Tarantula
Joan Teichman
Barbara Tilliss
Carole Vuernick
Elizabeth Warms
Loretta Weinberg
Corinne Weiner
Geri Weiss
Shelly Wimpfheimer
Shelly Winner
Deborah Zeigler

Up to \$99

Ethel Atlas Abrams
Carol Aeronson
Susan Barnett
Madelon Bornstein
Lois Katz Brown

Marilyn Cohen
Gwen Dubno
Nancy Dweck
Claire Ehrenfeld
Charlotte Eth
Shirley Finkelstein
Barbara Fishman
Rene Frankle
Sybil Grace
Rita Graham
Debra Gruber
Paul Kaufman
Marilyn King
Eley Kohn
Gloria Lieberstein
Priscilla Lindenauer
Janice Lipsitz
Barbara Luciano
Laura Mausner
Babette Mayer
Ellen Miller
Joan Paul
Ruth Rosenberg
Barbara Rosenfeld
Joyce Rothschild
Eva Sandrof
Bernice Schwab
Kathleen Silberstein
Carla Silver
Ronnie Silver
Bernice Slotnick
Kathy Smith
Sigrid Jean Strauss
Diana Teitel
Bea Tendler
Judith Warshofsky
Ilene Wechter
Debra Wolf
Barbara Zucker

WE WELCOME NEW MEMBERS

Marilyn Gittleman, Marcia Goldberg, Eileen Goldblatt, Arlene Grodberg, Sheree Levison,
Susan Melnicki, Florence Remes, Joyce Rothschild and Karen Silberman

INSTALLATION HAS A NEW NAME! SAVE THE DATE

and join us at our Annual Spring Luncheon (formerly "Installation"). Come celebrate with us at The Estate at Florentine Gardens in River Vale, NJ on
Tuesday, June 4, 2019. Watch your mail and email for your invite in the spring.

Make our NCJW BCS Website (www.ncjwbcs.org) and our Facebook page (www.facebook.com/NCJWBBCS) your destinations of choice.
Keep in touch with our daily calendar updates, section news, activities, action alerts, information, photos, and much more.

Newsletter Graphic Design Carole Benson
Editors & Proofreaders Ann Levenstein & Alice Kanrich

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