National Council of Jewish Women Bergen County Section 75 South Washington Avenue Bergenfield, NJ 07621



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## NCJW JANUARY 'TIMELY TOPICS AND TASTY TREATS' MEETING TO DISCUSS HUMANISM IN BUILDING

HACKENSACK – At the next 'Timely Topics and Tasty Treats' meeting (formerly Study Groups) of National Council of Jewish Women Bergen County Section, Brad Ruder, president of Brad-Core, a design, construction and property management company, will discuss the concept of Humanism in Building. The concept reflects the role that physical environments play in our lives and Mr. Ruder will explain the strong correlation between improving a physical structure and improving the lives of its occupants, including how modern home innovations affect multi-generations.

The meeting will take place on Tuesday, January 29 at 2:30 pm, at the 'Timely Topics' new venue, Senior Source, on the second floor of The Shops at Riverside in Hackensack. Brad Ruder is the founder of Senior Source, which provides a new, unique and empowering form of socialization and education based on the well-being of seniors and their families.

A Purdue University graduate with a degree in Construction Engineering and Management, Mr. Ruder has over 25 years' experience in the construction and property management industries. In 2015, he was honored for his work by the Community Health Improvement Partnership (CHIP) of Bergen County, marking the first time CHIP honored a non-medical professional contributing to the health of its residents. As a Certified Aging in Place Specialist (CAPS) from the National Association of Home Builders and a member of the American Institute of Architects, he continues to expand his knowledge in construction and design. In 2017, Humanism in Building was created as a 501(c) (3) non-profit to further an overall mission of using construction as a vehicle to provide aid to those in need.

Members will be charged \$5, non-members \$10. NCJW BCS provides educational and stimulating programs and speakers throughout the year, including six general meetings and a myriad of study groups, book groups and trips. For more information on this meeting and directions to Senior Source, or on NCJW BCS and its upcoming programs, please visit <u>www.ncjwbcs.org</u>., contact <u>office@ncjwbcs.org</u>, or call 201-385-4847.

The National Council of Jewish Women (NCJW) is a grassroots organization of volunteers and advocates who turn progressive ideals into action. Inspired by Jewish values, NCJW strives for social justice by improving the quality of life for women, children, and families and by safeguarding individual rights and freedoms.

## Photo caption:

Brad Ruder, president of Brad-Core and founder of Senior Source, will speak at the National Council of Jewish Women's "Timely Topics and Tasty Treats' meeting on January 29.