

National Council of Jewish Women Bergen County Section 75 South Washington Avenue Bergenfield, NJ 07621

## Contact:

Elizabeth Halverstam ehalverstam@ncjwbcs.org

## NCJW WILL HEAR ABOUT BEING MUSLIM IN AMERICA AT 'LUNCH AND LEARN'

**TEANECK** – National Council of Jewish Women Bergen County Section is delighted to present a very timely and inspiring speaker, Sabeeha Rehman, who will discuss "Being Muslim in America." The "Timely Topics Lunch and Learn" will take place on Tuesday, March 5 at 12:30 pm at Temple Emeth, 1666 Windsor Road, Teaneck. A delicious lunch will be served.

Ms. Rehman migrated from Pakistan to the USA in 1971 after a hurriedly-arranged marriage to a Pakistani physician in New York. She says that raising her children Muslim in the absence of a Muslim community was a daunting challenge. She worked to establish a Muslim community on Staten Island, culminating in the building of a mosque.

Ms. Rehman holds a master's degree in Healthcare Administration and has had a 25-year career as a hospital administrator. As the grandparent of an autistic grandson, she co-founded the National Autism Association of New York Metro and served as its president from 2008-2011. She is a board member of the Muslim-Jewish Solidarity Committee. Her prize-winning memoir, "Threading my Prayer Rug: One Woman's Journey from Pakistani Muslim to American Muslim," will be available to purchase at the lecture.

"It will be most interesting for our members to learn more about a Muslim woman's way of life and her challenges in coming to America," says Ginny Wasserman, NCJW's Chair of Timely Topics. "Please join us for a delicious lunch, a stimulating speaker and great company!"

Please send lunch reservation check to: NCJW BCS, 75 South Washington Avenue, Bergenfield, NJ 07621. The fee for lunch is \$18 for members and \$20 for nonmembers. The deadline to reserve is February 25.

NCJW BCS provides educational and stimulating programs and speakers throughout the year, including six general meetings and a myriad of speakers, book groups and trips. For more information on this meeting or on NCJW BCS and its upcoming programs, please visit <a href="www.ncjwbcs.org">www.ncjwbcs.org</a>, contact <a href="office@ncjwbcs.org">office@ncjwbcs.org</a>, or call 201-385-4847.

The National Council of Jewish Women (NCJW) is a grassroots organization of volunteers and advocates who turn progressive ideals into action. Inspired by Jewish values, NCJW strives for social justice by improving the quality of life for women, children, and families and by safeguarding individual rights and freedoms.

## **Photo caption:**

Sabeeha Rehman will talk about Being Muslim in America at National Council of Jewish Women's "Timely Topics Lunch and Learn" on March 5.

