

**AARP LIST OF SUPERMARKET HOURS (as of 3/20/20)**  
**FOR "SENIORS AND IMMUNE-COMPROMISED NEIGHBORS"**

*This national list changes /expands daily.*

**Fareway**: From 8 to 9 a.m. only those 65 and older, those with susceptibility to illness and expecting mothers are permitted to shop.

**Foodtown**: Those 65 and older can shop from 7 to 8 a.m., seven days a week. Access to the store will require a government-issued ID.

**Fresh Market**: For seniors and "other individuals most at risk," the grocery chain is offering shopping hours between 8 and 9 a.m., Monday through Friday.

**Gelson's**: From 7 to 8 a.m., those who are 65 and older are permitted to shop. ID may be required.

**Giant**: Beginning March 20, stores will be reserved for those over the age of 60 from 6 to 7 a.m.

**Market Basket**: Each Tuesday, Wednesday and Thursday stores open from 5:30 to 7 a.m. for those who are 60 and older.

**Mother's Market**: Every Wednesday, stores will open at 6 a.m. to accommodate older and immune-compromised shoppers.

**Northgate Market**: Only seniors, 65 and older, and disabled customers may shop from 7 to 8 a.m. daily.

**Sedano's**: Shoppers age 65 and older or others who are immune-compromised can shop from 7 to 8 a.m.

**Schnucks**: The first opening hour of each day, 6-7 a.m., will be reserved for those 60 and older and other at-risk shoppers.

**Smith's Food and Drug**: The first opening hour, 7-8 a.m., is dedicated to older adults and other shoppers vulnerable to the novel coronavirus.

**Stop & Shop**: From 6 to 7:30 a.m., shoppers age 60 and older can make purchases when stores are less crowded. ID will not be requested, but the company asks customers to "do the right thing for your neighbors."

**Target**: The first hour of shopping at stores each Wednesday is dedicated to older adults and those with underlying health concerns. Opening hours vary by location.

**Vallarta Supermarkets**: All stores will open from 7 to 8 a.m. for shoppers who are 65 or older, pregnant or disabled.

**Walmart**: Beginning March 24 through April 28, on Tuesdays, shoppers 60 and older can shop one hour before the store open. Its pharmacies and vision centers will also be open. Store hours are 7 a.m. to 8:30 p.m.

**Whole Foods**: Shoppers who are 60 and older can shop at stores for one hour before the store opens to the general public. Store hours vary by location. So if a store is scheduled to open to the general public at 9 a.m., for example, older shoppers can shop 8-9 a.m.