

LIST OF ONLINE RESOURCES FROM FITNESS TO FISH!

Fitness:

- Virtual YMCA: https://www.youtube.com/playlist?list=PLEQ46rs7Q0_q_h3LV-6dchslnr4TrlnL&app=desktop
- SilverSneakers members can stream classes [on demand](#)

Art and Culture:

- Online museum resources:
 - <http://mcn.edu/a-guide-to-virtual-museum-resources/>
 - <https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>
- Visit an aquarium: <https://laughingsquid.com/live-video-streams-from-monterey-bay-aquarium/>
- Watch an opera a day for free!
 - <https://www.vulture.com/2020/03/coronavirus-the-metropolitan-opera-to-stream-free-operas.html>
 - https://www.theguardian.com/music/2020/mar/16/classical-music-opera-livestream-at-home-coronavirus?utm_source=dvr.it&utm_medium=facebook
- Take online classes:
 - Sign up for Great Courses (<https://www.thegreatcourses.com/>), a website that offers a dizzying array of college courses that you can take online or on your TV, on any subject you can possibly imagine.
 - <http://www.openculture.com/freeonlinecourses>
 - https://www.creativelive.com/onair?via=site-header_0

General:

- [eLibrary programs at the Montclair Public Library](#)
- [Coursera](#) - online classes from universities and companies
- [edX](#) - online classes from universities
- [Codecademy](#) - learn to code
- [Stanford Online](#) - online courses from Stanford University
- [YouTube](#) has a variety of programs

Mainly compiled by the Montclair Library